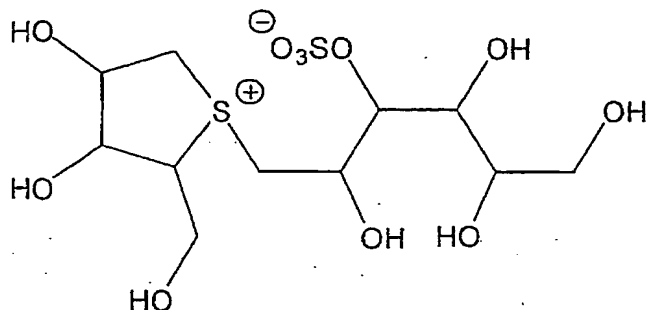


CLAIMS

1. A substance having α -glucosidase inhibiting activity, represented by the following formula:



2. The substance having α -glucosidase inhibiting activity according to claim 1, which is contained in a solvent extract of roots and stems of a plant of the family Hippocrateaceae or in the family Celastraceae, the genus *Salacia*.

3. The substance having α -glucosidase inhibiting activity according to claim 2, wherein the plant is *Salacia reticulata*.

4. A composition having α -glucosidase inhibiting activity, which comprises the substance having α -glucosidase inhibiting activity according to claim 1.

5. Food comprising the substance having α -glucosidase inhibiting activity according to claim 1.

6. Food comprising the composition having α -glucosidase inhibiting activity according to claim 4.